

CHEST PAIN

You have been diagnosed with chest pain of unclear origin. We feel that you are safe to go home and continue with the treatment prescribed, but it is important that you follow up as directed and call us or go to the hospital if you cannot reach us and you are getting worse or not improving in the next 24 hours.

Symptoms associated with pain in your chest that should be reported to a physician immediately are:

- Worsening of your pain.
- Difficulty breathing.
- Fainting or loss of consciousness.
- Fast or slow heart rate.
- Fever.
- Sweating.
- Nausea/Vomiting.

Pain in the chest can be caused by simple problems such as strain of muscles or ligaments surrounding the chest, sternum and ribs. However, problems with the heart, lungs and abdomen can result in chest pain and can be life threatening. We are very cautious with chest pain, and any time pain in the chest is moderate to severe and the cause is not certain, it is safest for patients to be seen immediately, preferably in a hospital emergency department.

RETURN TO FIRSTCARE, GO TO AN EMERGENCY DEPARTMENT, OR SEE YOUR OWN PHYSICIAN IF YOUR CONDITION WORSENS, IF NOT IMPROVED WITH PRESCRIBED TREATMENT, OR NOT IMPROVED IN 24 HOURS. FOLLOW UP WITH YOUR PRIMARY PHYSICIAN OR FIRSTCARE WITHIN 1-2 DAYS.

FirstCare offers Family Practice, Pediatric and Gynecologic care, as well as specialist care in the areas of Cosmetic Dermatology, Physical Therapy and Digestive Diseases. We also provide school, sports, work and DOT physical examinations, vaccinations such as flu and tetanus, x-rays and skin surgery.

FirstCare Medical Center has the UltraSlim body contouring system for instant fat reduction. Ask us about this revolutionary device.

Please visit FirstCareMedCenter.com to fill in our PATIENT SATISFACTION SURVEY and be entered to win a \$50.00 Essence MediSpa gift certificate. The link to the survey is on the left side of the homepage at the bottom of the links menu.

THANK YOU FOR ALLOWING US THE PRIVILEGE OF PARTICIPATING IN YOUR CARE. IF THERE IS ANYTHING ELSE WE CAN DO FOR YOU OR ANY WAY WE CAN IMPROVE, PLEASE LET US KNOW.