

Post-Procedure Cryo Probe (Freezing)

After your treatment you may notice:

1. Redness, swelling and blistering.
2. Itchiness for 1-2 days.
3. The area treated may blister immediately or within 2 weeks. It may also turn gradually darker or lighter.
4. In 3-4 weeks you may see a scab come to the surface of the skin. Do not pick it off.
5. If blistering occurs you may break the blister with a needle cleansed with alcohol. If it breaks prematurely or you break it yourself, apply Bacitracin antibiotic ointment several times per day and cover with a Band-Aid.
6. Everyone heals differently. Please call if you are concerned about your healing.

When cleansing skin use mild products, none that contain alcohol. Avoid bleaching or peeling products for at least one month. Pat the area dry instead of rubbing it. Rubbing may remove scab prematurely.

Mild discomfort or itching of wounds is normal. If you have increasing pain, swelling, redness or discharge after the first 2-3 days please call us.

Significant sun exposure to any wound should be avoided for 6-12 months to avoid darkening of the scar. Use sun block 30 or greater if you cannot avoid sun exposure. If a blister forms and comes off, or if at any point there appears to be pink healing skin, use vitamin E oil or "Bio-Oil" which we sell at FirstCare to improve the long term appearance of your wound.

You should follow up at our office in 4-6 weeks. If unable to contact FirstCare Staff and you feel you have an emergent condition please go to the closest Hospital Emergency Department.

RETURN TO FIRSTCARE, GO TO AN EMERGENCY DEPARTMENT, OR SEE YOUR OWN PHYSICIAN IF YOUR CONDITION WORSENS, IF NOT IMPROVED WITH PRESCRIBED TREATMENT, OR NOT IMPROVED IN 24 HOURS. FOLLOW UP WITH YOUR PRIMARY PHYSICIAN OR FIRSTCARE WITHIN 1-2 DAYS.

FirstCare offers Family Practice, Pediatric and Gynecologic care, as well as specialist care in the areas of Cosmetic Dermatology, Physical Therapy and Digestive Diseases. We also provide school, sports, work and DOT physical examinations, vaccinations such as flu and tetanus, x-rays and skin surgery.

FirstCare Medical Center has the UltraSlim body contouring system for instant fat reduction. Ask us about this revolutionary device.

Please visit FirstCareMedCenter.com to fill in our PATIENT SATISFACTION SURVEY and be entered to win a \$50.00 Essence MediSpa gift certificate. The link to the survey is on the left side of the homepage at the bottom of the links menu.

THANK YOU FOR ALLOWING US THE PRIVILEGE OF PARTICIPATING IN YOUR CARE. IF THERE IS ANYTHING ELSE WE CAN DO FOR YOU OR ANY WAY WE CAN IMPROVE, PLEASE LET US KNOW.