



222 Route 299 Highland, NY 12528 845-691-3627

UTI (Urinary Tract Infection)

If you have been diagnosed with an infection of the urinary tract, you should drink a lot of fluids. (It does not have to be cranberry juice). You should avoid all alcoholic beverages. Take tylenol or advil for fever. You should start feeling better in 3 days. If not, you should be rechecked. If you have any new symptoms, including vomiting, high fever, abdominal, or back pain, seek medical attention.

Chronic urinary tract infections after menopause can be successfully treated with the Fem Touch vaginal laser. This painless treatment is highly successful in reducing the symptoms and severity of urinary tract infections in women after menopause.

RETURN TO FIRSTCARE, GO TO AN EMERGENCY DEPARTMENT, OR SEE YOUR OWN PHYSICIAN IF YOUR CONDITION WORSENS, IF NOT IMPROVED WITH PRESCRIBED TREATMENT, OR NOT IMPROVED IN 24 HOURS. FOLLOW UP WITH YOUR PRIMARY PHYSICIAN OR FIRSTCARE WITHIN 1-2 DAYS.

FirstCare offers Family Practice, Pediatric and Gynecologic care, as well as specialist care in the areas of Cosmetic Dermatology, Physical Therapy and Digestive Diseases. We also provide school, sports, work and DOT physical examinations, vaccinations such as flu and tetanus, x-rays and skin surgery.

FirstCare Medical Center has the UltraSlim body contouring system for instant fat reduction. Ask us about this revolutionary device.

Please visit FirstCareMedCenter.com to fill in our PATIENT SATISFACTION SURVEY and be entered to win a \$50.00 Essence MediSpa gift certificate. The link to the survey is on the left side of the homepage at the bottom of the links menu.

THANK YOU FOR ALLOWING US THE PRIVILEGE OF PARTICIPATING IN YOUR CARE. IF THERE IS ANYTHING ELSE WE CAN DO FOR YOU OR ANY WAY WE CAN IMPROVE, PLEASE LET US KNOW.