

WOUNDS

We recommend wound checks in 48 hours. 10% of repaired wounds become and infected and will need antibiotics. SIGNS OF INFECTION INCLUDE REDNESS AROUND THE WOUND, SWELLING, DISCHARGE OF YELLOW/GREEN FROM THE WOUND, AND INCREASING DISCOMFORT OR PAIN.

Bacitracin ointment can be applied to the wound until the scab comes off. Neosporin containing ointments such as triple antibiotic ointment has a high allergy potential and we recommend avoiding it.

Ibuprofen (Advil, Motrin), Naproxen Sodium (Aleve), or Acetaminophen (Tylenol) can be used for any discomfort. If you have been prescribed hydrocodone (Norco, Vicoden) do not take additional Tylenol as these medications already contain Tylenol.

Change the bandage daily. Keep your wound dry for 24 hours, after which time you can wash with soap and water or hydrogen peroxide. Dry wound thoroughly before reapplying bacitracin ointment. The wound can be left open to air unless there is a possibility of getting it dirty, then cover it with a bandage.

SUTURES SHOULD BE REMOVED IN 5 DAYS FOR FACE, 7 DAYS FOR SCALP, 14 DAYS FOR OTHER AREAS OF THE BODY.

TO IMPROVE THE APPEARANCE OF YOUR WOUND AND REDUCE SCAR FORMATION USE MEDERMA FOR BEST RESULTS ONCE SUTURES ARE REMOVED. SUNBLOCK 30 OR GREATER SHOULD BE USED ON THE WOUND FOR 6 MONTHS AFTER SUTURES ARE REMOVED. THESE PRODUCTS MAY BE AVAILABLE AT OUR OFFICE.

RETURN TO FIRSTCARE, GO TO AN EMERGENCY DEPARTMENT, OR SEE YOUR OWN PHYSICIAN IF YOUR CONDITION WORSENS, IF NOT IMPROVED WITH PRESCRIBED TREATMENT, OR NOT IMPROVED IN 24 HOURS. FOLLOW UP WITH YOUR PRIMARY PHYSICIAN OR FIRSTCARE WITHIN 1-2 DAYS.

FirstCare offers Family Practice, Pediatric and Gynecologic care, as well as specialist care in the areas of Cosmetic Dermatology, Physical Therapy and Digestive Diseases. We also provide school, sports, work and DOT physical examinations, vaccinations such as flu and tetanus, x-rays and skin surgery.

FirstCare Medical Center has the UltraSlim body contouring system for instant fat reduction. Ask us about this revolutionary device.

Please visit FirstCareMedCenter.com to fill in our PATIENT SATISFACTION SURVEY and be entered to win a \$50.00 Essence MediSpa gift certificate. The link to the survey is on the left side of the homepage at the bottom of the links menu.

THANK YOU FOR ALLOWING US THE PRIVILEGE OF PARTICIPATING IN YOUR CARE. IF THERE IS ANYTHING ELSE WE CAN DO FOR YOU OR ANY WAY WE CAN IMPROVE, PLEASE LET US KNOW.